

# City Nights

Youth.

## DATE

March 25th, 2026

## SERIES

Identity: Week Three

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## BEFORE GROUP

### BOTTOM LINE:

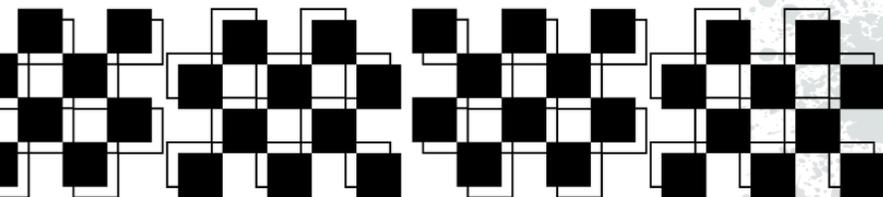
Our identities are unique

### SCRIPTURE:

- Psalm 139:14
- Romans 12:3
- Ephesians 2:10

### GOAL OF COMMUNITY GROUPS:

For students to know how they are uniquely and wonderfully made, and to not compare themselves to others.



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## THINK ABOUT THIS:

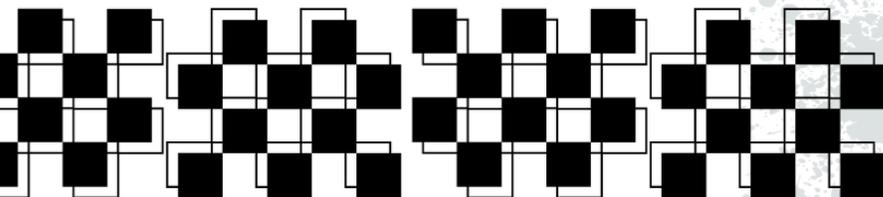
This week, focus on helping students understand that comparing themselves to others distorts their identity and sense of worth. Guide discussion around the pressures students feel from social media, school, and peers to measure themselves against others' achievements, appearance, or popularity. Emphasize that God creates each person uniquely and intentionally, and our value comes from being known and loved by Him, not from competing with anyone else.

Help students reflect on their own experiences with comparison and how it affects both self-esteem and relationships with others. Use discussion to teach students practical strategies for celebrating others' gifts without feeling threatened or diminished. Help students identify ways to focus on their personal calling and God-given identity rather than comparing themselves. Lead them to take steps each week—such as gratitude, affirming friends, or prayer—to root their sense of worth in Christ and live confidently in who God created them to be.

*This guide is a suggestion, not a formula. Adjust the questions and activities as needed, and don't feel like you need to do, or ask, everything you see here. The goal is to get students verbally engaging, NOT to get through everything in the curriculum.*

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## DURING COMMUNITY GROUP



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## HIGH/LOWS & OPENING

Begin with highs & lows from their week after they introduce each other. Really take this time to listen and ask questions to show you are interested in their lives.

## ICEBREAKER:

What's one trend you're tired of?

## SCRIPTURE/VIDEO DISCUSSION:

(Some groups may watch the video to begin Group time and then break off into their smaller groups, and that's okay)

## DISCUSS THIS

1. How does social media or school culture make comparison feel unavoidable?
2. Have you ever felt "better" or "worse" than someone else? How did it affect you?
3. What does it mean that God makes each person intentionally and uniquely?
4. How can comparison distort how we see ourselves and how we see others?
5. What does it look like to celebrate others' gifts without feeling threatened?
6. How can focusing on God's love and your personal calling replace the need to compare?
7. Who in your life can encourage you to focus on your God-given identity instead of comparison?
8. What is one practical way to shift your attention from comparison to living in God's purpose this week?

