

City Nights

Youth.

DATE

January 14th, 2026

SERIES

Back to the Basics: Week Two

BEFORE GROUP

BOTTOM LINE:

Sin is when we choose against what God has created for good.

SCRIPTURE:

- Genesis 3:1-13
- Romans 3:23
- James 1:14-15

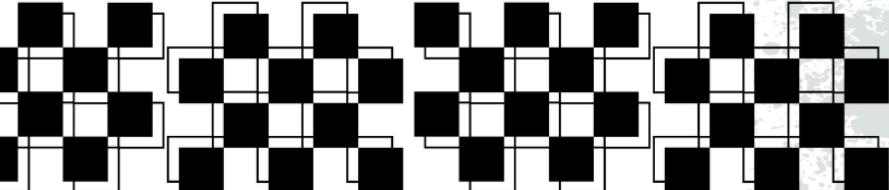
GOAL OF COMMUNITY GROUPS:

For students to understand that their choices matter, and that chaos happens when we choose outside of God's intention.

THINK ABOUT THIS:

This week, the focus is on sin and how humanity's choices disrupt God's good design. Guide students through Genesis 3 and help them see that sin is not simply "making mistakes" but a deliberate turning away from God's good intentions. Emphasize that sin is universal, and everyone struggles with choosing their own way at times.

As a leader, foster honest and safe conversation about personal responsibility. Encourage students to reflect on their own lives and recognize patterns of disobedience, while pointing them toward God's guidance and forgiveness. Help them understand that while sin has consequences, God's goodness and plan for restoration remain. Use this week to plant seeds of hope, showing that even in a broken world, God is still at work. Guide students to consider practical ways to resist temptation and make choices that align with God's original design.



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This guide is a suggestion, not a formula. Adjust the questions and activities as needed, and don't feel like you need to do, or ask, everything you see here. The goal is to get students verbally engaging, NOT to get through everything in the curriculum.

DURING COMMUNITY GROUP

HIGH/LOWS & OPENING

Begin with highs & lows from their week after they introduce each other. Really take this time to listen and ask questions to show you are interested in their lives.

ICEBREAKER:

What's the worst movie/tv show you've ever seen?

SCRIPTURE/VIDEO DISCUSSION:

(Some groups may watch the video to begin Group time and then break off into their smaller groups, and that's okay)

DISCUSS THIS

1. What does Genesis 3 teach us about how sin entered the world?
2. Why do you think Adam and Eve chose to disobey God, even in a good creation?
3. Can you think of ways people today “choose their own way” instead of following God? How does sin show up in your own life? Are there areas you struggle to obey God?
4. How can we recognize and resist temptation before it leads to sin?
5. How do consequences of sin in Genesis 3 (broken relationships, work, creation) show up in our world today?
6. Even after sin entered the world, God promised restoration. How does that give you hope?
7. What is one step you can take this week to turn away from sin and follow God's ways?

